



Ropes Course

"The experience was awesome, in that not only did I learn more about vocation, as well as myself; I met others I have a lot in common with."



2005 Sophomore Vocation Retreat  
At Camp Chestnut Ridge



Horseback Riding

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"Hear, Here:  
Listening for Your  
Vocation"

Sophomore Vocation  
Retreat  
Oct. 11-12, 2008



Sponsored by the  
Pro Humanitate Center  
at  
Wake Forest University

*“Our goal here is to assist you on a path, not just how to make a living but how to live.”* **President Nathan O. Hatch**

## What is vocation?

Parker Palmer writes that “Vocation does not mean a goal that I pursue. It means a calling that I hear. Before I can tell my life what I want to do with it, I must listen to my life telling me who I am.”

Finding one’s vocation or calling is often much more challenging than finding a job or deciding on a major. However, the two should be intimately connected. What you choose to study should be something that you have a strong inclination towards, that holds your attention. Most of us hope that the work we do for a living will also be work that gives expression to our authentic and unique self.

Discerning one’s vocation is an ongoing process that involves self-reflection, feedback and support from family and friends, and taking risks that help you understand different aspects of yourself. For some students this is a journey stemming from their faith commitments. For others, it draws from

other values and beliefs. At the Pro Humanitate Center we offer a variety of opportunities for all students to explore their vocation. The Sophomore Vocation Retreat is one such opportunity.



“For the first time in my life, I am excited and compelled to go out into the world and be who I am—to love deeply, to experience fully and to heal the world.”



**Your Life—**

**it’s more than your major!**

As you begin your sophomore year and approach the time when you have to declare a major it may be helpful to put yourself in situations that give you the opportunity to really think about who you are, what you are passionate about, and how you can make a difference in the world.

The **Sophomore Vocation Retreat** is a 2-day retreat at Camp Chestnut Ridge in Efland, NC about 1 1/2 hours from WFU. The retreat is framed around 3 basic questions:

- What gives you joy?
- Are you good at these things?
- Does anybody need you to do these things?

The retreat combines large and small group activities and is facilitated by past student retreat participants, with guest speakers and mentors from Wake Forest and Winston-Salem.

# Sophomore Vocation Retreat

**Student Facilitators for 2008 Retreat**

**Matthew Kirk  
Trayonna Floyd  
Julianne Rose  
Sara-Elaine Armstrong  
And others!**

***I’m interested! What do I do now?***

- Limited space is available so let us know you’re interested ASAP!
- Mark your calendar to reserve Oct. 11-12
- Tell your friends
- Look for retreat Information Sessions later in the semester